



Vaughan Gymnastics 20th Annual Invitational May 11 – 13, 2012

Girls Categories

(ages as of January 1, 2012)

****OCP Levels 2 – 5** - All ages***

*****Only open to athletes not registered
in the Open Qualifying system***

Boys Categories

(ages as of January 1, 2012)

****Demo under 8 Years***

****Interclub Levels 1 – 4 –all ages***

****Provincial Level 1 – all ages***

Girls Requirements:

As per Women's Program Manual

Boys Requirements:

As per Men's Program Manual

Awards:

7 & 8 Year Old Girls:

Certificates with Gold/Silver/Bronze/Merit seals
indicating placement on each apparatus, and overall
medal.

All other categories:

1st – 3rd: Medals for each event, trophies for overall

4th – 8th: Ribbons for each event and overall.

“Demo” boys will receive special participation prizes!

Entry Fee: \$65 per competitor

Entry Deadline: March 1, 2012

Registration submission: Please submit registrations on the attached
Excel spreadsheets. You may email this spreadsheet to the club, and
enclose a hard copy with your cheque by mail.

Meet Director: Karren Lee
(905) 660-7800
email: vaughangymnastics@rogers.com

Sanctioned by Gymnastics Ontario

Coaches: As per Gymnastics Ontario policy, all attending coaches must present their Gymnastics Ontario ID badge at the door to gain access to the competition floor.

Warmup: **Girls:** Option B

Boys: 15 minute general stretch, followed by 45 second per-athlete warmup, then compete on each event (per GO rules)

Equipment: Speith Anderson, with table vault landing atop resi-pit. Extra landing mats will be permitted on Vault, Bars, and Beam without deduction.

Floor music: **CD only.** CD's must be clearly marked with athlete's name and club – ONE CD PER COMPETITOR! Music must be the first track on the CD.

Please use great discretion in registering your athletes in the appropriate categories, so that we may ensure a fair experience for all. The Meet Director reserves the right to combine categories with insufficient registration.

Category changes will not be accepted after Mar. 15, 2012.

Accommodations

Host Hotel:

Best Western Parkway Toronto North
600 Highway 7 East
Richmond Hill
L4B 1B2
(905) 881-2121 / Toll Free: 1-800-668-0101
2 double beds non smoking
\$99.00 per night + tax
Restaurant onsite
Pool onsite

***Rooms also available at the adjacent Sheraton Parkway Toronto North at \$119/night – use the same telephone number for booking.

To book your accommodations, please contact the hotel directly. Be sure to mention Vaughan Gymnastics to receive the special sports group rate. Rooms must be booked by April 11th in order to secure this special rate.