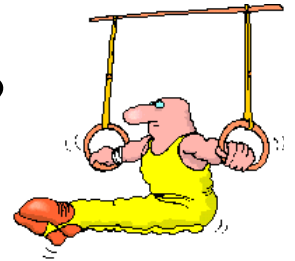


*Looking for that one fun
Invitational to attend this year??*

Look no further!!



Vaughan Gymnastics 28th Annual Invitational

May 8 – 10, 2020

Girls Categories (ages as of Dec 31, 2020)

**JO (OCP) Levels 1 – 5 - All ages*

Boys Categories (ages as of Dec. 31, 2020)

**Demo under 8 Years*

**Interclub Levels 1 – 4 –all ages*

**Provincial Level 1 – all ages*

Girls Requirements:

As per Women's Program Manual

Boys Requirements:

As per Men's Program Manual

**Club Address /
Competition Venue:**

15 Connie Crescent, Unit 9, Vaughan, ON L4K 1L3
(905) 660-7800 www.vaughangymnastics.ca

Meet Director:

Karren Lee (905)660-7800 vaughangym@gmail.com

GO Liaisons:

Audra Sederavicius (647)344-5137 wag@gymnasticsontario.ca
Greg Jackson mag@gymnasticsontario.ca

Awards:

1st – 3rd: Medals for each event, trophies for overall

4th – 8th: Ribbons for each event and overall.

"Demo" boys will receive awards as per Gymnastics Ontario regulations

Special judges' awards and Team Spirit award presented each flight!!

Registration Fees:

\$90 per athlete, \$10 per coach

Entry Deadline:

March 1, 2020 (Register early to avoid disappointment!)

Level changes:

Deadline for level changes is March 1, 2020

Refunds:

Refunds are available until March 1st. After March 1st, only refunds for medical reasons will be granted (a doctor's note will be required).

Registrations:

Please submit registrations on the attached Excel spreadsheets. (Different tabs for boys, girls, and coaches). You may email this spreadsheet to us, and enclose a hard copy with your cheque by mail. All meet fees are to be paid by Club cheque.

- Coaches:** As per Gymnastics Ontario policy, all attending coaches must present their Gymnastics Ontario ID badge at the door to gain access to the competition floor. A coaches' table will be provided through the weekend.
- Warmup:** **Girls:** OCP Warmup
- Boys:** 15 minute general stretch, followed by 45 second per-athlete warmup, then compete on each event (per GO rules)
- Equipment:** SA Sport, with table vault landing atop resi-pit. Vault run will be 22m. Matting area beneath the bars will be 10m long.
- Scoring:** Beyond The Scores will **not** be used for this meet.
- Floor music:** All compulsory tracks and versions will be provided. No MP3's/ CD's are required.
- Medical:** First Aid Certified personnel will be on-Site.
Gymnastics Ontario sanctioned events are NOT guaranteed to be Peanut/Tree Nut Free events. Attendees are asked not to bring peanuts, peanut products, or products containing traces of peanuts or tree nuts into the gymnasiums/venue and/or change rooms where participants are present. Host clubs have been asked to refrain from serving/selling items with peanuts, peanut products, or products containing traces of peanuts or tree nuts at this event. Gymnastics Ontario asks for your assistance in supporting an inclusive environment for all participants.

The Meet Director reserves the right to combine age categories with insufficient registration.

Accommodations:

1. Best Western Parkway Toronto North
600 Highway 7 East, Richmond Hill, ON L4B 1B2
Toll Free: 1-866-874-6333
2 double beds non smoking
\$125.00 per night + tax (including breakfast)
2. Sheraton Parkway Toronto North (next door to Best Western)
9005 Leslie St, Richmond Hill, ON L4B 1B2
Toll Free: 1-800-668-0101
2 double beds non smoking
\$135.00 per night + tax (breakfast not included)

All rates include free wifi in all guest rooms. Both properties feature a restaurant and pool onsite.

To book your accommodations, please contact the hotel directly. Be sure to mention Vaughan Gymnastics to receive the special sports group rate. Rooms must be booked by April 1st in order to secure this special rate.

Sanctioned by Gymnastics Ontario